



Where Olympic Journeys Begin



USA National Karate-do Federation National Championships & Team Trials General Schedule – List of Events



Monday, July 8, 2024

Arrival of Delegations

Tuesday, July 9, 2024

12:00pm-5:00pm

Registration & Credential Desk Open

Wednesday, July 10, 2024

8:30am-12:00pm

Registration & Credential Desk Open

8:30am-4:00pm

Referee Education & Certification

9:00am-9:30am

*Junior Elite Athlete Weigh-In (ages 12-17)

9:30am-10:00am

*Senior Elite Athlete Weigh-In (ages 18-34)

1:00pm-5:00pm

Registration & Credential Desk Open

2:00pm-2:30pm

*Junior Athlete Weigh-In (ages 12-17)

2:30pm-3:00pm

*Senior Athlete Weigh-In (ages 18-34)

5:00pm-6:00pm

Karate General Assembly

5:00pm-6:00pm

Volunteer Meeting

6:00pm-7:00pm

Referee Briefing – **Mandatory for All Officials**

6:00pm-7:00pm

Coach Briefing / Elite Kata Draws – **Mandatory for All Coaches**

Thursday, July 11, 2024

8:00am

Competition Begins

Elite Kata Divisions & Elite Para Kata Divisions

Elite Team Kata Divisions

Non Elite Kata Divisions

Long & Short Weapons Divisions

Team Kata Divisions (Male, Female, Family, & Mixed Gender)

Style Specific Kata Divisions (Shotokan, Shito-ryu, Goju-ryu, Wado-ryu)

12:00pm-12:30pm

***Final Junior Elite Athlete Weigh-In**

12:30pm-1:00pm

*Sr. Elite Athlete Weigh-In

5:00pm-5:30pm

Draws Jr. Elite Divisions (Staging)

Friday, July 12, 2024

8:00am

Competition Continues

12-20 Elite Kumite (Jr. Team Trial) Divisions

Non-Elite Kata Divisions

Para-Karate Divisions

Long & Short Weapons Divisions

12:30pm-1:00pm

***Final Senior Athlete Weigh-In**

5:00pm-5:30pm

Draws for Sr. Elite Divisions (Staging)

Saturday, July 13, 2024

8:00am

Competition Continues

Non-Elite Kumite Divisions

18-34 Elite Kumite Divisions

All Team Kumite Divisions

Sunday, July 14, 2024

8:00am

Competition Continues

Junior Non-Elite Kumite

11:00am-12:00pm

Athlete Town Hall

12:00pm-1:00pm

Jr National Team Meeting

Finals: 14-15 Elite Kata & Kumite

16-17 Elite Kate

U21 Elite Kata

Jr Pan American Qualifier Finals

***Elite Athletes must bring their current passport & credentials to weigh in.**